

# A great lunch. A great start.

All children in Reception, Year 1 and Year 2 are entitled to a healthy, nutritious school meal every day – funded by the government through UIFSM.

**It's already paid for.  
Make the most of it!**



WORTH UP TO  
**£480**  
PER CHILD,  
EVERY YEAR!  


 **Good for them.  
Good for you.**

School meals are packed with nutrients to fuel growing bodies and busy minds – helping children to learn, play and thrive.



## The real cost of a packed lunch vs. a school meal Choosing a school meal could save you up to **£480** a year!

**SCHOOL MEAL  
(FUNDED BY  
THE GOVERNMENT)**

**£2.53**  
PER MEAL

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190 SCHOOL DAYS  
= UP TO **£480**  
PER CHILD, PER YEAR



Preparing a packed lunch every day adds up. Here's what it could cost you across a school year:



  
**BUDGET OPTION**



FROM **£1.60**  
PER DAY

**£304 – £342**  
PER YEAR

Even at the lowest cost, that's £300+ spent by families unnecessarily.

  
**MID-RANGE**



FROM **£2.30**  
PER DAY

**£437 – £475**  
PER YEAR

Costs are similar to the value of the funded school meal.

**Sainsbury's**  
**HIGHER RANGE**



FROM **£2.80**  
PER DAY

**£532 – £570**  
PER YEAR

Spending more than the full value of the school meal funding.


 Don't miss out on **up to £480** in funding available for your child every year.

## Why school meals are great for your child

  
**Healthy & balanced**  
Nutritious meals made to strict standards to fuel growing bodies and minds.

  
**Better for learning**  
The right nutrients help with concentration, behaviour and achievement.

  
**Social & fun**  
Lunchtime is a chance to build friendships and enjoy a positive dining experience.

  
**Tasty & varied**  
Delicious meals with lots of choice to suit all tastes and dietary needs.

  
**Better for the planet**  
School meals reduce packaging waste and support sustainable practices.



Every meal makes a difference 

**Good for families, good for everyone** 

Using the funding available helps schools provide the best quality meals for all children. Thank you for supporting your school community.



**Questions?**  
Speak to your school office or visit [caterlinkltd.co.uk](http://caterlinkltd.co.uk) for more information.

